

**VIDEO ELECTRONYSTAGMOGRAPHY  
(VNG)**

**DATE SCHEDULED:** \_\_\_\_\_

**TIME:** \_\_\_\_\_ **AM/PM**

You have been scheduled for an electronystagmography (ENG / VNG) test according to your doctor's recommendations. An ENG is a safe painless procedure that tests the function of the vestibular system, which is the portion of the inner ear that provides balance information to the brain. Your eye movements are recorded with visual goggles as you perform various visual tasks. This examination also includes the caloric test, in which the ears are irrigated with cool and warm air. These irrigations cause brief dizziness in most patients. The test takes approximately 45-60 minutes to complete.

**BEFORE THE TEST**

It is essential to discontinue the following medications 48 hours prior to the test.

1. Barbiturates, Sedatives: Phenobarbital
2. Tranquilizers: Valium, Diazepam, Librium
3. Antihistamines: Benadryl, Claritin, Actifed, Dimetapp, Sudafed, etc.
4. Drugs for Dizziness: Antivert, Meclizine, Dramamine, Bonine, etc.
5. Stimulants: Elavil, Triavil, Amphetamines
6. Analgestics: Percocet, Tylenol, Aspirin

NOTE: This includes medications administered using skin patches ie: Transderm-Scop.

DO NOT discontinue medications prescribed for diabetes, cardiac conditions, seizure activity, or blood pressure management.

DO NOT discontinue any medications without your physicians consent.

NO alcoholic beverages for at least 48 hours prior to the test.

NO caffeine the day of testing.

NO smoking, food or liquids for at least 2 hours prior to testing.

You may want to have someone come with you. (This is not absolutely necessary).

Please notify the office if you are claustrophobic. You may have difficulty with the test.

NOTE TO WOMEN: Please do not apply any type of EYE make-up the day of the test. If possible please wear slacks.

**CANCELLATION / NO SHOW FEE**

Please Note that you will be charged \$150 if:

- You fail to give us 24 hours notice for cancellation.
- 1. Your test must be cancelled / rescheduled because the above instructions were not followed.

**I have read and understand all of the instructions listed above.**

\_\_\_\_\_  
signature

\_\_\_\_\_  
date